# CACHE VALLEY YOUTH RESOURCES

A RESOURCE GUIDE PROVIDED BY:
NORTHERN UTAH VIOLENCE PREVENTION EDUCATION COALITION

## ||||||||| EMERGENCY SERVICES (24 HR)

### **Logan Police Department**

435-716-9300

### **Cache County Sheriff's Office**

435-755-1000

### **National Teen Dating Violence**

1-866-331-9474

### **National Suicide Prevention**

1-800-273-8255

### MIN CRISIS SERVICES

### **Bear River Mental Health**

435-752-0750 90 East 200 North

24 Hour Crisis Line with an on-call therapist and youth mental health counseling.

### **CAPSA**

435-753-2500

Domestic Violence, Sexual Assault and Rape recovery services. 24-hour crisis line, case management therapy, and shelter.

### Safe Fam

### 833-723-3326 (1-833-SAFE-FAM)

Short-term mobile services provided to you in your home to ease an immediate crisis and provide support. In addition, Safe Fam will help ensure your family's long-term success.

### The Family Place

435-752-8880

1525 North 200 West

Support healthy relationships, place for youth, counseling and general mental health needs for youth.

# **USU Sexual Assault and Anti-Violence Information Office**

435-797-1510

#### **Taggart Student Center Room 311**

Safe and confidential counseling, advocacy, and info to any student about sexual assault, domestic violence, stalking, dating violence, rape and hate crimes.

### SUPPORT SERVICES

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### **Bear River Health Department**

435-792-6500 655 E 1300 N

Youth substance abuse programs.

### **Cache Pride Center**

435-363-5473 596 East 900 North

Safe and supportive space for LGBTQ youth ages 10-18. Educational services, counseling and support provided.

### **Center for Pregnancy Choices**

435-752-1222

Confidential peer counseling related to pregnancy.

### **Children's Justice Center**

435-753-7017

1362 North 400 West

Youth-friendly facility where victims of abuse are interviewed and medically assessed by professionals trained in forensic investigation of abuse.

### **Options for Independence**

435-753-5353

106 East 1120 North

Services to individuals with any type of disability. Services include, youth groups, self-advocacy and self-empowerment

### **Planned Parenthood**

435-753-0724 550 Main St. #17

Providing high-quality and affordable health care with or without insurance. Most birth control, annual exams, HIV testing, and STD testing will be covered for free, with no copay.

All physical addresses listed are in Logan, UT



